

AUGUST CLASS SCHEDULE

(Please consult our online schedule for any class cancellations or changes. Convenient class registration & payment at www.downtowndancela.com under "Book A Class")

Dance Arts **Dance Fitness** **Social Dance** **World Dance** **Yoga/Meditation**

MONDAY

- 6:30 - 7:30 pm **ZUMBA®!** Kayla Johnson
6:30 - 7:30 pm **Re-Align Barre Workout** Michael Cornell*
7:00 - 8:00 pm **Beginning Tap** Melissa Tannús
8:00 - 9:00 pm **Intermediate Tap** Melissa Tannús
7:30 - 9:00 pm **Argentine Tango Level 2 (Advanced Beginners)**
Dennis Cante
7:30 - 9:00 pm **Align Ballet 4 Open Class** Michael Cornell*

TUESDAY

- 6:30 - 7:30 pm **Re-Align Barre Workout** Zoe Keijser*
7:30 - 8:30 pm **Align Ballet Beg. Pointe Workshop** Zoe Keijser*
7:30 - 8:30 pm **Salsa Level 1** Laura Canellias
7:30 - 8:30 pm **Intro to Lindy Hop** Damon Donnelly
8:30 - 9:30 pm **Salsa Level 2** Laura Canellias

WEDNESDAY

- 6:00 - 7:00 pm **Hip Hop** Sam Allen
7:00 - 8:00 pm **Bollywood Bhangra Beats** Achinta McDaniel
7:30 - 8:30 pm **Align Ballet 2 Workshop** Cleo MaGill*
8:30 - 10:00 pm **Argentine Tango Int./Adv.**
Carlos Barrionuevo & Mayte Valdes
8:30 - 9:45 pm **Contemporary Dance All Levels** Neaz Kohani

THURSDAY

- 6:00 - 7:00 pm **Straight-Up Cardio Dance** Kim Blank
6:30 - 7:30 pm **Re-Align Barre Workout** Zoe Keijser*
7:30 - 8:30 pm **Jazz Funk** Brooke Shepherd
7:30 - 9:00 pm **Align Ballet 4 Open Class** Zoe Keijser*
7:30 - 9:00 pm **Beginning Argentine Tango Fundamentals (starts 8/17)**
Dennis Cante

FRIDAY

Reserved for rentals.

SATURDAY

- 10:30 - 11:30 am **Hip Hop** Kenan Peters
10:30 - 12:00 pm **Align Ballet 5 Open Class** Michael Cornell*
11:30 - 1:00 pm **Jazz Dance Moves & More!** Delane Vaughn
12:00 - 1:00 pm **Align Ballet Beginning Pointe** Grace Allison*

SUNDAY

- 11:00 - 12:30 am **Align Ballet 4 Open Class** Bjarne Hecht*
12:30 - 1:30 pm **Align Ballet Beginning Pointe** Zoe Keijser*
5:30 - 7:30 pm **Chicago Steppin' (Except Third Sunday)**
Terance Jones
6:30 - 8:00 pm **Work-Week Start-Up Yoga Flow**
Beverly O'Donohue

SPECIAL EVENTS:

SECOND SATURDAY OF EACH MONTH *

9:00 pm - 2:00 am **DTLA MILONGA (Argentine Tango Dance Party) \$15 per person**

THIRD SUNDAY OF EACH MONTH

5:30 - 6:30 pm **Chicago Steppin' Plus Dancing 'til 10**
Terance Jones

* For Align Ballet information and registration,
go to www.alignballetmethod.com

Hip Hop/Jazz Funk with Knicole Haggins starts Tuesday
nights, 8 - 9 pm, September 5th.